

Optimal Weight & Fitness

Mannatech offers the gift of hope to those seeking effective weight-management and fitness solutions.

Millions around the world struggle to reach and maintain a healthy weight. Mannatech's advanced technologies are designed to help people achieve better health and quality of life through effective weight-management and fitness solutions.

Weight-Management Products

In 1999, Mannatech pioneered a comprehensive weight-management system based on the glycemic index. Since then, this approach to weight management has become the cornerstone of successful diet programs. Along with proper diet and exercise, Optimal Weight and Fitness products can help build lean muscle and take off unwanted fat.

GlycoLEAN body system offers weight management for the real world. Use GlycoSlim, a meal replacement drink, along with FiberSlim™, for the fiber the body needs and a feeling of fullness to help you stay on course. Add Accelerator3™ to boost metabolism and energy levels.* Together, GlycoSlim® FiberSlim™ and Accelerator3™ can help you get rid of unwanted fat while providing vitamins and minerals your body may need.*

Fitness Products

No matter your level of fitness, our bodies all burn carbohydrates and fats for the energy to get through a workout. If you can exercise harder for longer periods, your fitness program will yield greater results.

Mannatech's Optimal Fitness solutions can help you with the energy to make the most of your exercise regimen. EM.PACT® sports drink can help fuel your workout and improve endurance.* SPORT combines natural ingredients for post-exercise support.

Need energy to get through the day? MannaBars are whole food nutrition bar that can help provide an energy boost while delivering important vitamins, minerals and essential fatty acids.

Our solutions are designed to help you stay healthy, energetic and active. We are so confident you will love our products that we offer a 6-month 100% satisfaction guarantee.**

Feel AND look great with Mannatech's Optimal Weight and Fitness Solutions!

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Mannatech guarantees your full satisfaction. If not completely satisfied contact Customer Service and return the product within 180 days for a full refund. See Section 5.13 of the Associate Policies and Procedures for details.